

Your colleague could be a carer



*Anyone.
Anytime.*

More than one in eight Australians are carers

Chances are you know more than one. You might even be a carer without realising it. Caring for someone is both rewarding and demanding. Isn't it good to know support is available? Call the Commonwealth Carer Resource Centre **1800 242 636***

*Freecall except from mobile phones. Mobile calls at mobile rates. www.carersaustralia.com.au



An Australian Government Initiative

