

# Your colleague could be a Carer



An Australian Government Initiative



Supporting Family Carers.

## More than one in eight Australians are Carers.

Chances are you know more than one. You might even be a carer without realising it. Caring for someone is both rewarding and demanding. Isn't it good to know support is available? **Call Carers ACT, Employed Carers Program Coordinators on 6296 9900 or email [employedcarer@carersact.asn.au](mailto:employedcarer@carersact.asn.au) or visit our website [www.carersact.asn.au](http://www.carersact.asn.au).**

# Balancing Work and Care